



FREEMASONS
FOUNDATION

CENTRE FOR MEN'S HEALTH

September 2017

Dear members, colleagues and supporters of the Centre

See below for information on upcoming events, research updates and our latest research output. We wish our Honours students all the best as they finalise their research and for their thesis submission.

Professor Gary Wittert - Director

Events



Monthly Men's Health Research Seminar: 3 Oct 17

Support the Centre's three honours students Simon Tyler, Megan McIntosh and John Fouyaxis by attending this month's seminar to hear them present their year's work. [Read more](#)

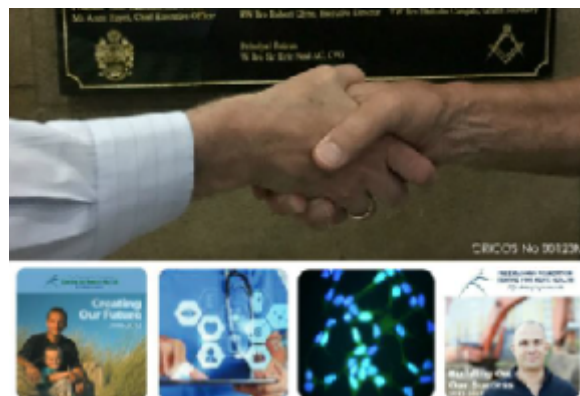


SA Prostate Cancer Symposium - 20 Oct 17

A/Prof Anthony Lowe, CEO of the Prostate Cancer Foundation of Australia, is this year's guest speaker at the symposium hosted by the SA Prostate Cancer Clinical Outcomes Collaborative. [Read more](#)

FFCMH's 10 yr anniversary function: 17 Nov 2017

Please join us at the Adelaide Convention Centre to celebrate the 10 year research partnership between the Freemasons Foundation and the University of Adelaide, **Diary note 17 Nov, 3 - 5.30pm**



Research News



NBCF/Movember award for breast & prostate cancer

Prof Wayne Tilley, Dr Luke Selth and Dr Hickey, and leading researchers from Monash Uni, Garvan Institute and Cancer Research UK to tackle therapy resistant breast and prostate cancer. [Read more](#)

Effects of obesity in men: implications for practice

MedicineToday article by Prof Gary Wittert translating 10 years of FFCMH research on the clinical consequences of obesity in men to guide best practice approaches in primary care. [Read more](#)

MedicineToday
THE PEER REVIEWED JOURNAL OF CLINICAL PRACTICE

Obesity in men
Reproductive and lower urinary tract
complications

GARY WITTERT MB Bch, MD, FRACP, FRCP, FAAHMS



#3 Men's Health Matters Podcast: Kootsy Canuto

Cameron Gyss chats with PhD candidate Kootsy Canuto about his discussions with Aboriginal and Torres Strait Islander men on going to the Doctor, being "half sick" and gender-specific services. [Listen here](#)

An audit tool to identify the quality of health websites

New audit tool developed by Dr Camille Short et al identifies a lack of evidence- and behaviour change-based websites supporting healthy lifestyle for men with prostate cancer [Read more](#)



FFCMH summer vacation & Honours scholarships

Applications are open for summer vacation and honours research scholarships. Internal and external students are eligible if supervised by an active member of the Centre [Read more](#)

Welcome home Dr Phillip Tully

Dr Tully has been based in Europe for his NHMRC Neil Hamilton Fairley Clinical Research Fellowship advancing our understanding of cardiovascular disease and depression [Read more](#)



Studies Recruiting Men



The ENDIA Study - Type 1 Diabetes + offspring

The ENDIA Study is exploring the causes of type 1 diabetes from the pregnancy. If you are male with diabetes and your partner is pregnant or has had your baby under 6 months ago, consider joining. [Read more](#)

Prostate cancer - Making things more relevant

PhD candidate Amy Finlay is seeking input from men who have been treated for prostate cancer, regarding the relevance and usefulness of on-line physical activity support resources. [Read more](#)



Latest Publications and Media from Centre Members

- Obesity in men: Reproductive and lower urinary tract complications. By: Prof Gary Wittert. In: Medicine Today 2017; 18(9): 69-70. [View abstract](#)
- Somatostatin receptor subtype 1 as a potential diagnostic marker and therapeutic target in prostate cancer. By: Pedraza-Arevalo S et al (FFCMH author Dr Luke Selth). In: Prostate 2017; Sept: doi: 10.1002/pros.23426. [View abstract](#)
- Examining the accessibility of high-quality physical activity behaviour change support freely available online for men with prostate cancer. By: Dr Camille Short et al. In: Journal of Cancer Survivorship. 2017 Sept 4. [View abstract](#)
- Sickness absenteeism is associated with sleep problems independent of sleep disorders: results of the 2016 Sleep Health Foundation national survey. By: Reynolds AC et al (FFCMH author Dr Sarah Appleton, Prof Robert Adams). In: Sleep Health 2017 3:357-61. [View abstract](#)
- Dietary patterns and sleep parameters in a cohort of community dwelling Australian men. By: Yingting Cao et al. In: Asia Pacific Journal of Clinical Nutrition 2017 26:158-69. [View abstract](#)

Media

- 14 Sept ABC Radio Adelaide with Sonya Feldhoff: Stan Korosi on Parental Alienation in the lead up to the public symposium
- 17 Sept The Australian, ABC Adelaide; Research investigates hormonal links between cancers. NBCF/Movember award.

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A 10 year research partnership advancing the health and well-being of men

FFCMH is an initiative of the [Freemasons Foundation Inc](#), the charitable arm of Freemasonry in SA/NT, and operates as a joint venture with The University of Adelaide. The Centre acknowledges the major funding support of the University of Adelaide and the Freemasons Foundation 2007-2017, and the broader support of the Freemasons community in SA and NT and nationally.

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