

4 January 2019



FREEMASONS FOUNDATION CENTRE FOR MEN'S HEALTH

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The Freemasons Foundation Centre for Men's Health is an initiative of the [Freemasons Foundation Inc.](#), the charitable arm of Freemasonry in South Australia and the Northern Territory, in partnership with the University of Adelaide. We acknowledge the major funding support of the Foundation and the University since 2007, and the broader support of the Freemasons community.

Upcoming Events



Men's Health Research Seminar - Tues 29 January

Join us at 12.10 – 1.30pm, Room 6052a/6052b, L6 AHMS Building
Light lunch provided . *Note: seminar is now held on the last Tuesday of each month*

Our speakers are:

Mr Raj Shreshthra PhD student, Dame Roma Mitchell Cancer Research Laboratories
"Interactions between androgen signalling and the lipid microenvironment in prostate cancer"
Speaker 2 - Research grant proposal presentation and feedback session

Research Impact

Fitbit enhances web based exercise program GP service preferences of Aboriginal men

Trial provides evidence for the added value of supplementing web-based tailored exercise programs with a fitbit activity tracker for physical activity uptake. [View abstract](#) Aboriginal and Torres Strait Islander men are motivated to use primary health care services that are culturally appropriate, gender specific and with male doctors. [View abstract](#)

Cancer cell sensitivity to natural killer cells Inhibiting lipids in prostate cancer

International collaboration identifies key proteins and mechanisms that may be targeted to make particular cancer cells in tumours more sensitive to body's natural killer cells. [View abstract](#) International collaboration develops an inhibitor of lipid synthesis (IPI-9119) that suppresses androgen receptor driven metastatic disease and enhances drug response. [View abstract](#)

Editorial: LUTS and depression in men

Invited editorial delves into the topic of uropsychiatry and specifically the growing evidence base for the association between urological function and depression. [View editorial](#)

Testosterone and diabetes prevention

Protocol publication marks start of data analysis for largest randomised trial of testosterone with lifestyle program for diabetes prevention in overweight/obese men. [View abstract](#)

Centre News



Pictured above from left to right: Vic Rowe, John Rand (FAMAS volunteer), Ronda Smart, Peggy Rowe (FAMAS volunteer), Professor Pascale Quester (Deputy Vice-Chancellor & Vice-President (Academic)). Insert: William Shaw OAM and Daina Shaw (FAMAS Volunteer)

Florey Adelaide Male Ageing Study volunteers receive University Vice Chancellor's award

The Centre acknowledges and thanks all of our student and community volunteers and consumers for your contribution to our research programs. On International Volunteer Day (5 Dec 2018), the long-term dedication of our Florey Adelaide Male Ageing Study volunteers were recognised by the University when they received the Vice Chancellor's Community Volunteer Group of the year award. [Read more](#)



Awards to Dr Tully for mental health research

The Centre congratulates Dr Phillip Tully on his NHMRC Fellowship and major funding to



Paddy O'Rourke Honours Scholarship open

Applications for the Paddy O'Rourke Honours scholarship for prostate cancer research are

continue his important research and initiatives in now being received. Up to \$6500 stipend the area of mental health. [Read more](#) available. [Read more](#)

Studies Recruiting



Men with prostate cancer to trial program

Study seeks men who have completed prostate cancer treatment to participate in a trial of an online structured physical activity program. [Read more](#)

[men's health register](#)

Latest from Andrology Australia



The Summer issue of The Healthy Male Newsletter from Andrology Australia is out now that includes a feature article on the causes and treatment of Gynaecomastia (enlarged breast tissue) in men.

[Andrology Australia website](#)